

Fibromyalgia Medications for Stress

EXTRESS Ingredients for Stress

If you have been diagnosed with fibromyalgia stress, you are not alone. There are people who can assist you to make informed treatment choices. Many people have had success stories with our natural, physician-formulated fibromyalgia medications for stress. As referred to in the following research articles Supplements for FMS and Effective New Treatment - our products contain many natural ingredients necessary to overcome fms symptoms.

Many patients also benefit from a combination of supplements, physical and occupational therapy, learning pain-management and coping techniques, and from properly balancing rest and activity as referred to in the research article titled Treating CFS and FMS. Take control of your life again. Work actively so you can break out of the pain-depression-stress cycle.

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What Is Extress Natural Fibromyalgia Medication for Stress?

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How Does Extress Help With Stress?

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Are There any Side Effects When Using Extress Fibromyalgia Medication for Stress?

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What Is Extress Natural Fibromyalgia Medication for Stress?

Extress is a specialized, alternative Fibromyalgia medication for Stress. The Extress formula is designed to provide safe, nutrition support for patients dealing with stress. Unlike prescription drugs for stress, Extress is an all natural, safe alternative fibromyalgia medication that provides the necessary dietary precursors which help the body's ability to reduce stress.

How Does Extress Help With Stress?

Extress contains a scientifically advanced therapeutic blend of vitamins, minerals, herbs and homeopathics which have been found to be exceptionally effective as an alternative FIBROMYALGIA MEDICATION for STRESS, assisting patients with the stress, tension, anxiety, minor phobic reactions and generalized patterns of discomfort.

This formula contains a combination of amino acids which are the precursors to a series of chemical neurotransmitters within the brain. These natural materials help the patient to relax muscles, subsequently the spillage of pain into the body can be avoided. Often emotional problems are negatively shunted into physical complaints such as headaches, backaches, muscle pain and others. When the nutritional requirements of the patients has been appropriately addressed, the conscious mind effortlessly becomes refocused without the bother of anxiety and stress.

Are There Any Side Effects When Using Extress Fibromyalgia Medication for Stress?

Extress helps a patient deal with stress through NON-artificial, NON-addicting means, assisting the body's own natural stress-relieving methods. Extress is safe. There are NO detrimental adverse side effects and there is no reduction in strength after continued use.

What Are The Ingredients In Extress Fibromyalgia Medications for Stress?

Extress contains the following scientific formulation of natural ingredients for stress:

Gaba, L-Asparagine, Calcium Carbonate, Taraxacum Officinale, L-Isoleucine, L-Leucine, L-Valine, DL-Phenylalanine, Choline Bitartrate, Fructus Sophorae, Radix Condonopsis Pilosulae, Radix Heraclei, Radix Rehmanniae, L-Glycine, L-Threonine, Hypericum Perforatum, Lavandula, Valeriana Officinalis, 5-HTP, L-Histidine, L-Taurine, Calcium Pantothenate-B5, Magnesium, Pyridoxine HCL-B6, OptiZinc, Niacinamide-B3, Gotu Kola, Cobalamin-B12, Folic Acid, Homeopathics: Aconitum Napellus, Argentum Nitricum, Coffea Crudum, Epiphegus Virginica, Kali Phosphoricum and Nux Vomica.

* The ingredients are not listed in any specific order.

What Are The Extress Nutrition Highlights?

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GABA - Gaba helps to naturally relax all muscle tissue, relieving tension build-up and reducing blood pressure.

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Magnesium - Dr. Wotton, N.D., a prominent US doctor of natural medicine has seen a lack of magnesium in many fibromyalgia patients. "Whatever the reason for the shortage, the solution is to take a magnesium supplement. The mg. usually relaxes the muscles, allows blood to flow into the constricted areas, and flushes out the waste products of inflammation," says Dr. Wotton. Extress contains sufficient amounts of magnesium, proven to be effective for patients.

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Fructus Sophorae - Fructus Sophorae helps to reduce the feelings of being overwhelmed by external stimulation/provocation.

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Taraxacum Officinale - Taraxacum Officinale is specifically useful for calming, reducing excessive restlessness and tension.

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Chinese Herbs (Radix Condonopsis Pilosulae, Radix Heraclei, and Radix Rehmanniae) - These Chinese herbs support the body by naturally combatting excessive tiredness, dissipating stress, releasing emotional tension. The herbs are traditionally useful for soothing over-active children.

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Lavandula - Lavandula helps the body to naturally soothe and calm the nerves, dissipating stress and feelings of anxiousness.

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5-HTP - This is the natural precursor to Serotonin and Melatonin, providing neurochemical balance during periods of stress.

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B Vitamins - The rare combination of B Vitamins 3, 5, 6 and 12 boost a weak immune system and provide critically synergistic coenzymes needed by the body to enable relaxation, both mentally and physically.

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Specific Branched Chained Amino Acids (BCAAs) - These amino acids aid in the preservation of muscle and neural tissue during times of stress and anxiety.

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Supporting Amino Acids - These supporting amino acids are critical anti-stressors, buffering precursors for brain, Central Nervous System (CNS) and skeletal needs.

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Specifically Targeted Micro-Nutritionals and More - These substances provide electromagnetic instructions to further support both the mental and physical stress reduction of muscles, neural pathways, and brain chemistry.

What Is The Suggested Dose Of Extress?

There are 60 capsules per bottle. When feeling the symptoms of stress or tension, take 3 to 4 capsules every 3 hours, or as directed by a physician. Thereafter, take 2 capsules every morning for maintenance.