

## Fibromyalgia Alternative Therapies

### Alternative Therapies

It is important to have multi-faceted Alternative Therapies for Fibromyalgia treatment as Fibromyalgia Syndrome is a complicated chronic illness, having a vast array of symptoms with no known specific cause. Many alternative therapies used by fibromyalgia patients are effective since the treatments do not include prescription drugs or surgery, thus having fewer side effects. Many patients choose alternative therapies for Fibromyalgia treatment for these very reasons..

Fibromyalgia sufferers often find it confusing trying to understand some of the common terms used in the field of wellness medicine. In the Resources section you will find clear explanations and descriptions of the following terms: Homeopathic Remedies, Natural Healing and Natural Supplements, Herbal Dietary Supplements, Holistic Medicine vs. Integrated Medicine, Complementary Medicine vs. Alternative Medicine and Alternative Medicine.

The FIBROMYALGIA Treatment Center alternative therapy programs are designed to diminish the symptoms of Fibromyalgia Syndrome. We offer several alternative therapies for fibromyalgia that will help you on your road to recover. Education is an essential component that helps the patient help themselves. In the chart below, and on the following pages you will find several alternative therapies for fibromyalgia, make a wise decision that suits your personal needs and improve your quality of life.