

Fibromyalgia and Naturopathy - Naturopathic Medicine - Natural Medicine

Naturopath

Naturopathy has been used to treat fibromyalgia and other associated chronic conditions. Many naturopathic medicine healers believe that fibromyalgia patients first need to help the body help itself, as referred to in the research study, Understanding Homeostasis - Self Healing. This begins with nurturing and strengthening the immune system, says Elizabeth Wotton, N.D., a prominent US doctor of natural medicine. "Fibromyalgia patients don't have very good resistance, and recovery can be a lengthy process," she says. A fibromyalgia naturopathy immune booster can be helpful for a faster recovery.

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What is Naturopathic Medicine And Natural Medicine?

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What Is The Training Of A Doctor Of Naturopathic Medicine?

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How Does Naturopathic Medicine Help In The Treatment of Fibromyalgia Syndrome?

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Are there Safe, Balanced Natural Medicines for Fibromyalgia?

What is Naturopathic Medicine and Natural Medicine?

Naturopathic Medicine manages a broad range of health conditions affecting patients of all ages, especially those suffering from the symptoms of Fibromyalgia. Naturopathy treats the whole person, without harm, through the healing power of nature. Natural Medicine finds the root cause of an illness and utilizes preventative measures so the illness does not become more serious, chronic, and degenerative. Natural medicine is used to treat diseases in the degenerative stages. Naturopathy as a FIBROMYALGIA Treatment for Fibromyalgia symptoms is the medicine of the near future.

What Is The Training Of A Doctor Of Naturopathic Medicine?

Naturopathic Medicine offers education and training to a patient, counseling them into a healthier lifestyle. Students of Naturopathy are educated with the same general medical curriculum as an M.D., but also study traditional natural therapeutics, emphasizing lifestyle changes, disease prevention, and optimal wellness. Today, Doctors of Naturopathy (ND) are recognized as primary care physicians. They perform physical examinations, diagnostic testing, laboratory testing, gynecological exams, nutritional and dietary assessments, metabolic analysis and allergy testing. The current scope of Naturopathy includes, but is not limited to:

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Clinical Nutrition

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Hydrotherapy

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Botanical Medicine

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Homeopathic Medicine

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Physical Medicine

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Oriental Medicine

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Naturopathic Obstetrics

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Psychological Medicine

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Minor surgery

How Does Naturopathic Medicine Help in the Treatment of Fibromyalgia Syndrome?

Naturopathic Medicine focuses on fibromyalgia with a proactive approach, toward the prevention and treatment. For example, Fibromyalgia afflicts about 10 to 12 million Americans. In conventional medicine, treating symptoms is the primary focus; however in Naturopathy, the physicians are trained to find the underlying causes that create or exaggerate the illness. Patients are taught the principles of healthy living in order to prevent the illness from deteriorating. Also, Allopathic physicians are prescribing more and more medications that cause harmful side effects, leaving patients scared, confused, and at times reluctant to continue treatment. It is a distinct principle of Natural Medicine to avoid causing the patient harm.

What Are Safe, Balanced Natural Medicines for Fibromyalgia?

Patients are becoming more aware of natural alternatives, but are unsure as to what combination of vitamins and herbs to take for specific conditions. Many patients who are taking responsibility for their own health are also seeking out qualified ND's for guidance in Natural Medicines. Our MultiDimensional formulas are all natural, physician formulated products that are designed to give the patient with Fibromyalgia the vital nutrients needed for optimizing health, building the immune system and reducing symptoms. The therapeutic blend of vitamins, minerals, herbs and homeopathy take all the guess work out of supplementation. The Natural Medicine products are produced in a state-of-the-art facility using only the highest quality ingredients found worldwide.