

Overlapping Syndromes Fibromyalgia - Associated Conditions

Associated Conditions

The Overlapping Syndromes of Fibromyalgia include: Lupus, Chronic Fatigue, Rheumatoid Arthritis and Irritable Bowel Syndrome. In the next few pages we will explore these overlapping syndromes of Fibromyalgia.

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What are the Overlapping Syndromes of Fibromyalgia?

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Common Overlapping Symptoms

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Who is Commonly Targeted by These Syndromes?

What are the Overlapping Syndromes of Fibromyalgia?

Patients with fibromyalgia and chronic fatigue syndrome may experience symptoms of the fibromyalgia associated conditions of lupus and rheumatoid arthritis. It can be extremely frustrating having chronic fatigue syndrome along with the overlapping syndromes of fibromyalgia. Chronic fatigue and fibromyalgia can leave you feeling exhausted. It may be hard to identify the source of pain since the associated conditions of FIBROMYALGIA, lupus, chronic fatigue syndrome and rheumatoid arthritis can feel very similar.

Common Overlapping Symptoms

Research has shown that up to 70 percent of fibromyalgia patients also fit the criteria for chronic fatigue syndrome. Other overlapping conditions include lupus and rheumatoid arthritis. In all these associated conditions patients experience sleep deprivation and similar levels of stress. Fibromyalgia patients however, experience stiffness and pain throughout the tissues that support and move the bones and joints. They also battle with fatigue, sleep deprivation and widespread pain.

Like Fibromyalgia, the associated condition of Chronic Fatigue may occur after an infection such as a cold or Mononucleosis. Chronic Fatigue Syndrome can start during or shortly after a period of high stress, or come on gradually without any clear starting point and any obvious cause. The syndrome is a flu-like condition that can drain the body's energy, sometimes lasting for years.

Patients with Lupus, an autoimmune syndrome, deal with inflammation and damage to the brain, lungs, heart, joints and

blood vessels. Lupus is a disease in which the body's own immune system (defense mechanism) starts harming its own tissues and cells.

Who is Commonly Targeted by These Syndromes?

More women than men appear to be affected by autoimmune conditions such as lupus, fibromyalgia, chronic fatigue syndrome and rheumatoid arthritis. In fact, about 75 percent of these diseases occur in women.