

# Fibromyalgia Back Pain Symptoms

## Pain Symptoms

The most prevalent FMS symptoms are Fibromyalgia Pain and Fibromyalgia Back Pain. More than 3.5 million women and men suffer from intense fibromyalgia back pain both in the upper and lower back making it difficult to function normally and comfortably. The general widespread fibromyalgia pain symptoms have been unexplainable, although research has now shown why sufferers experience such traumatic pain.

As a result, effective treatments to diminish fibromyalgia pain and back pain symptoms can be used to combat your discomforts. Prescription medications can be used, or you can explore other natural alternatives to combat your fibromyalgia pain symptoms. You don't need to suffer.

-

How does Fibromyalgia Pain "Work"?

-

What causes FIBROMYALGIA BACK PAIN?

How Does Chronic Fibromyalgia Pain "Work"?

The story of pain was taught early in school as the "telephone switchboard" story. Touch a hot stove, the story goes, and a signal races from the finger along the spinal cord to the brain. The brain perceives the danger and dispatches an urgent message to the hand. Quick! Move the hand away.

Scientists now say pain is more complex than that. It is more like the internet than an old-fashioned switchboard. A single stimulus may prompt multiple signals throughout the body. The pain felt reflects an interaction between the basic cellular and genetic makeup, the present state of health, the emotional state, the situation in which the pain occurs, the past encounters with pain, and what the individual knows and thinks about pain. So a patient suffering with FIBROMYALGIA PAIN SYMPTOMS responds to an addition of a pain stimulus very differently compared to a healthy individual.

What Causes Fibromyalgia Back Pain Symptoms?

Fibromyalgia back pain is the most significant symptom of this disease. Aching muscles and tender points radiate widespread pain throughout the body, especially throughout the back. Most patients with fms pain say "they ache all over". Their muscles feel like they have been pulled or overworked. Sometimes the muscles twitch, and other times they burn with pain. Almost 80% of those suffering with this disease are women, however men are afflicted with Fibromyalgia Syndrome also, and it is prevalent in patients of all ages.

The muscle and joint pain can be similar in FMS and Chronic Fatigue patients, but the stress experienced by patients is an ongoing problem that fluctuates in intensity. According to the latest research, fibromyalgia pain symptoms can linger indefinitely, however, our site explores several natural and unique physician-formulated treatment medications, alternative therapies, exercise programs and self care management approaches to address your symptoms of fibromyglia. The natural back pain medication will help you deal with your ongoing symptoms. Remember, we want to give you alternatives.